**Word of the Day: 2/24/2015**

**perennial** [p*uh*-**ren**-ee-*uh* l]

***Part of speech: adjective***

1. lasting for an indefinitely long time; enduring: *her perennial beauty.*

2. (of plants) having a life cycle lasting more than two years.

3. lasting or continuing throughout the entire year, as a stream.

4. perpetual; everlasting; continuing; recurrent.

***Part of speech: noun***

5. a perennial plant: *Daffodils and tulips are perennials.*

6. something that is continuing or recurrent.

**Example Sentence:** With the turning of the new year, so began her perennial endeavor to lose weight.

*Word selected using ACT PLAN EXPLORE Victory*’s vocabulary list with the help of Dictionary.com: <http://dictionary.reference.com/>

**WOW Word Wednesday: 2/25/2015**

**deleterious** [del-i-**teer**-ee-*uh* s]

***PART OF SPEECH: adj.***

1. injurious to health: *deleterious gases.*

2. harmful; injurious: *deleterious influences.*

**Example Sentence**: She decided to join a gym with trainers and nutritionists because she didn’t want her weight loss to cause any deleterious effects.

*Word selected using ACT PLAN EXPLORE Victory*’s vocabulary list with the help of Dictionary.com: <http://dictionary.reference.com/>

**Word of the Day: 2/26/2015**

**zealous** [**zel**-*uh* s]

***PART OF SPEECH: adjective***

1. full of, characterized by, or due to [zeal](http://dictionary.reference.com/browse/zeal); ardently active, devoted, or diligent.
2. filled with eagerness in pursuit of something

Example Sentence: At first she was zealous about her new routine; she ate only what the nutritionist said and worked out with a trainer every day.

*Word selected using Spark Publishing Illustrated Vocabulary* *with the help of* Dictionary.com: <http://dictionary.com/>

**Word of the Day: 2/27/2015**

**wane** [***weyn***]

***PART OF SPEECH: verb (used without object)***

1.to decrease in strength, intensity; dwindle: *Daylight waned, and night came on. Her enthusiasm for the cause is waning.*

2.to decline in power, importance, prosperity, etc.: *Colonialism began to wane after World War II.*

3.to draw to a close; approach an end: *Summer is waning.*

4. (of the moon) to decrease periodically in the extent of its illuminated portion after the full moon.

Example Sentence: However, by the second Friday of January, her fervor for the new diet and exercise plan had begun to wane. *Word selected using Spark Publishing Illustrated Vocabulary* *with the help of* Dictionary.com: <http://dictionary.com/>